

# 5 Finger Prayer

4) The ring finger is the weakest. Pray for the sick, poor, and those most in need.

5) The pinkie finger is the smallest. Pray for **yourself** and your own needs.

3) The middle finger is the tallest. Pray for **leaders** in government, business, and the church.

2) The **pointer** finger is used to give directions. Pray for **teachers**, coaches, therapists, doctors, and first responders.

1) Your **thumb** is closest to your heart, so pray for those closest to you - your **family and friends**.

